

Chocolate Cake – Men's Only Section

RECIPE

Ingredients:

| | |
|---------------------------------|--------------------|
| 50g butter | 2 tbl cocoa |
| 150g (1 cup) self-raising flour | 220g (1 cup) sugar |
| 125ml (½ cup) milk | 2 eggs |
| ½ tsp almond essence | |

Method:

Preheat oven to 140 degrees, grease base and sides of a ring tin, line base with glad bake. Melt butter, put all other ingredients into bowl, pour in butter and mix well for 2 - 3 minutes. Pour mixture into tin, cook for 30 - 35 minutes or until cooked.